

Technical Specifications

Tuna: "Thunnus species"

ESPADEROS DEL ATLÁNTICO, S.A.



1. Company details

Company name: ESPADEROS DEL ATLÁNTICO S.A.
Address: Lonja de Gandres Peces y Bajura, Oficina 12-13
N.G.R.S.: 12.13938-PO

2. Label specifications

- Commercial name
- Scientific name
- Origin: Spain
- Net weight / Defrosted weight
- N.G.R.S.: 12.13938-PO
- Packing date / consume preferably before 18 months
- Do not freeze again once it has been defrosted
- Lot or consignment number
- Fishing area



3. Keep Area

- Keep under -18°C.

4. Use

- Defrost before cooking
- Once defrosted, do not freeze again.
- Consume within 24 hours once defrosted.

5. Nutritional information (per 100 grams)

-Energy.....	118,11 kcal.
-Water:.....	67,34 g
-Proteín:.....	21,99 g
-Total lipids:	3,35 g
-Saturated fatty acids:	0,96 g
-Monounsaturated fatty acids (MUFA).....:	0,65 g
-Polyunsaturated fatty acids (PUFA):	1,32 g



5. Nutritional information (per 100 grams)

-Cholesterol.....	28,00 mg
-Sodium.....	47,00 mg
-Potassium.....	400,00 mg
-Calcium.....	16,0 mg
-Magnesium:.....	33,0 mg
-Fósforum.....	230,0 mg
-Iron:.....	1,30 mg
-Zinc:.....	0,70 mg
-Total A vitamin:	26,00 mcg e.r.
-Total retinoids:	26,00 mcg
-D vitamin:	7,20 mcg
-E vitamin :	1,00 mg e. t.
-B1 vitamin (Thiamine):.....	0,10 mg
-B2 vitimin (Riboflavine):.....	0,13 mcg
-Niacin:..	12, 80 mg
-B6 vitamin:.....	0,38 g
-Folic acid:	15,00 mcg
-B 12.vitamin.....(Cianocobalamina):	4,00 mcg

6. Características organolépticas

- Exterior surface: bright colour
- Interior: dark red
- Skin: not damaged and smooth
- Texture: firm flesh
- Abdominal cavity:
 - Cleanliness: completely gutted and cleaned
 - Stomach lining: bright and clean
 - Absence of parasites
- Fin standard cut